

Name: _____

Injury/Accident Date: _____

Page ____ of ____

Appointments					
#	Date	Provider / Facility	Type of Visit	Key Outcome (one line)	Next Appt
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Total copays this page:

\$ _____

Total mileage this page:

_____ mi

Total work hours missed this page:

_____ hrs

This Medical Appointment Tracker is provided for personal record-keeping only and does not constitute medical or legal advice. Downloading or using this tool does not create an attorney-client relationship with DK Law.

Appointment Info

Appointment Date: _____ Time: _____

Healthcare Provider Name: _____

Provider Phone: _____ Specialty/Type: _____

Location/Facility: _____

Reason for Visit: _____

BEFORE - Prepare

Current Symptoms to Discuss: _____

Questions to Ask: _____

1. _____
2. _____
3. _____
4. _____

DURING/AFTER - Record

Pain Level Reported:

1	2	3	4	5	6	7	8	9	10
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Circle one

Diagnosis/Assessment: _____

Tests Ordered: _____

Treatment/Procedures Performed: _____

New Medications Prescribed:

Medication	Dosage	Frequency	Purpose	Pharmacy

Referrals Given: _____

Restrictions or Limitations Given: _____

Follow-Up Instructions: _____

Next Appointment Scheduled: _____

What the provider said about my progress: _____

Write down what they told you out loud. Verbal comments often never appear in your medical records.

Costs for This Visit

Copay/Cost: \$ _____	Mileage (round trip): _____ mi	Parking/Tolls: \$ _____	Work Time Missed: _____ hrs
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